

ANTI-BULLYING PLAN 2022

Wollongong West Public School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Wollongong West Public School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Term 1	Behaviour code for students
Term 1	Zones of regulation lessons explicitly taught and individual tool kits developed.
As required	School values and expectations discussed through the shared reading of social stories.
As required	Rewards presented to promote positive social behaviour.

1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
SDD Term 1	Wellbeing framework, incorporating trauma informed practice, restorative practices and Zones of Regulation.
SDD Term 2	Inclusive, Engaging and Respectful Schools Reform

1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

All new and casual staff will be given a copy of our school's localised Wellbeing framework prior to starting work at our school.

Individual student profiles of our students with additional needs are displayed for new and casual staff to read.

All new and casual staff receive an induction by administration staff and a more detailed induction to complex students by the relevant Assistant Principal.

2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

☒ School Anti-bullying Plan ☒ NSW Anti-bullying website ☒ Behaviour Code for Students

2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
Term 2	Parent cafe - outlining our localised Wellbeing Framework
Ongoing	School website - links to appropriate websites and documents
As required	Parent meetings - to discuss individual student needs

3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

Trauma informed practices - influenced by the Berry Street Education model

* Restorative practices - to resolve conflict

* Zones of Regulation - to support student's emotional regulation

* Buddy program - to support students as they transition to school

* Student Representative Council - to develop student leadership skills

* Sensory tools and room - to support student's sensory needs

* Intervention programs - such as SAS program

* PD/H/PE Scope and Sequence - social and emotional skills are explicitly taught

Completed by: Michelle Barnes

Position: Principal

Signature: *MB Barnes*

Date: 30 August 2022

Principal name: Michelle Barnes

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