



Eatability Nutrition Kids Café Menu



Every day foods



Occasional foods

Sandwiches and Wraps

Fresh or Toasted

● Salad (V H) lettuce, tomato, cucumber, carrot	\$4.50
● Salad & cheese (V)	\$5.00
● Salad & chicken or ham	\$5.00
● Cheese (V)	\$3.00
● Cheese & tomato (V)	\$3.50
● Ham	\$4.00
● Ham & cheese	\$4.50
● Ham, cheese & tomato	\$5.00
● Chicken & mayo	\$4.50
● Chicken, cheese & mayo	\$5.00
● Chicken, lettuce & mayo	\$5.00
● Tuna, lettuce & mayo	\$5.00
● Egg, lettuce & mayo	\$5.00
● Baked beans (V)	\$4.00
● Vegemite (V H)	\$3.00
● Cheese & vegemite (V)	\$3.50
● Cream cheese spread (V H)	\$3.00

Monday to Friday

8.30am to 2.30pm



Hot Lunches

● Hamburger with cheese (H)	\$5.50
● Falafel Wrap (V H)	\$5.50
● Spaghetti Bolognese (H)	\$5.50
● Macaroni Cheese (V)	\$5.50
● Veggie Burger (V)	\$5.50
● Lasagne (beef) (H)	\$5.50
● Lasagne (vegetable) (V H)	\$5.50
● Tuna pasta bake	\$5.50
● Chicken pasta bake	\$5.50
● Chicken Burger (H)	\$5.50
● Stone baked Margherita Pizza (V)	\$4.00
● Chicken tender wrap (H)	\$5.50
● Bacon & Egg roll	\$5.50
● Chicken Goujons (H)	\$5.50

Salads



V – Vegetarian H - Halal

Drinks

● Sm. garden salad (lettuce, tomato, cucumber, carrot)	\$4.00
● Lg. tossed salad (the lot)	\$6.00
● Add egg, ham or chicken	\$1.00 ea.
● Add cheese,	50c
● Sm. Caesar Salad with egg or chicken	\$4.50
● Lg. Caesar Salad with egg or chicken	\$6.00

● 600ml water	\$1.50
● 200ml fresh milk 2%	\$1.00
● 200ml fresh milk 2% with sipahh straw	\$1.50
● 200ml fresh milk 2% with milo hot/cold	\$1.50
● 250ml 100% juice	\$2.50
● 250ml Glee 100% juice carbonated	\$2.50

Snacks

● Frozen Quelch Iceblocks	\$1.00
● Frozen pineapple slices	50c
● Whole seasonal fruit	\$1.00
● Cereal cup	\$1.00
● Flavoured yoghurt pouch	\$1.00
● Popcorn	\$1.00
● Grainwaves	\$1.00

